



NEWSLETTER



P. 8762 1333 | E. dl.0786.info@schools.sa.edu.au | www.narahs.sa.edu.au



Flynn take the win!

A huge congratulations and thank you to all of our students and staff for a fantastic day at our 2026 Athletics Carnival!

Our annual Athletics Carnival was a fantastic success, filled with energy, determination, and outstanding performances across all age groups.

A highlight of the day was Flynn House securing back-to-back victories, proudly taking home the House Shield for the second consecutive year. Congratulations to all Flynn students on this impressive achievement!

We would like to thank to our generous award sponsors for their continued support, and congratulate this years individual trophy winners (see page 2).

A special congratulations to Winnie Schinckel (1500m & 800m), Mackenzie Bell (100m & 200m), Hurley Sinclair (1500m), and Jimmy Orton (800m), who all broke records in the 13 Years age group—an outstanding accomplishment!

Finally, we would like to thank our wonderful parent helpers for their time and support, including Sophie from The Coffee Pitt, and Mandy, Nikki, and Andrea from the Naracoorte & Districts Little Athletics Club.

Well done to all students for their participation, sportsmanship, and house spirit. We look forward to another exciting carnival next year!

WHAT'S INSIDE?



SPORTS DAY RESULTS



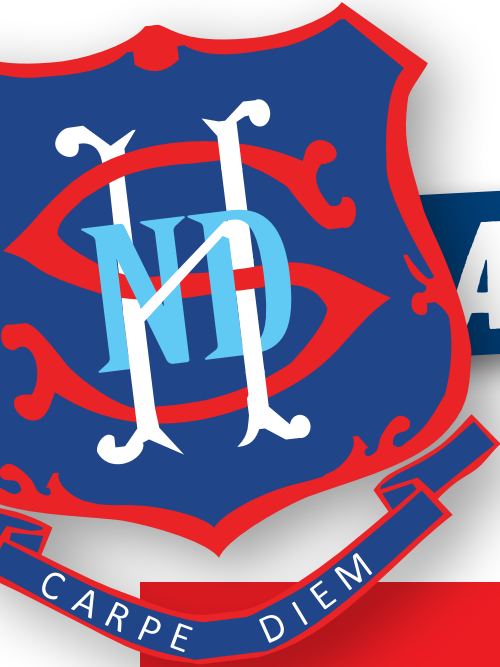
HARMONY DAY



INTERSCHOOL ATHLETICS



Government of South Australia
Department for Education



ATHLETICS CARNIVAL

2026 RESULTS

2026 AGE GROUP CHAMPIONS

AGE GROUP	SPONSOR	WINNER
13 Girls	The Grant Family	Winnie Schinckel
13 Boys	Rotary Club of Naracoorte	Paddy Clark
14 Girls	NHS Governing Council	Lacey Foale
14 Boys	NHS Governing Council	Eddie Heffernan
15 Girls	Munro & Mahney	Jada Copping
15 Boys	Munro & Mahney	Cru Waihape
16 Girls	Hansen Design & Print	Georgie Midwinter & Maddie Bellman
16 Boys	H.T Rowe Memorial Trophy	Ashton Reti
Open Girls	Rotary Club of Naracoorte	Ava Woosnam
Open Boys	Kay Hole	Nic Bald

2026 PERPETUAL TROPHY WINNERS

AGE GROUP	EVENT	SPONSOR	WINNER
Top 8 Girls 100m	Lightning Cup	Naracoorte High School	Lacey Foale
Top 8 Boys 100m	Lightning Cup	Naracoorte High School	Blaze Robinson
Open Girls	1500m	Edwards Family	Winnie Schinckel
Open Boys	1500m	Frank Drew	Quentin Mitchell
Open Girls	800m	Naracoorte Sportspower	Mia McCarthy
Open Boys	800m	Jack Farmer	Quentin Mitchell
Open Girls	100m	Edwards Family	Jess Frick
Open Boys	100m	Nick McBride MP	Blaze Robinson

2026 RECORD BREAKERS

EVENT	NEW RECORD HOLDER	DISTANCE/TIME	PREVIOUS RECORD HOLDER	DISTANCE/TIME	YEAR SET
13 Boys 1500m	H. Sinclair	5:46.00	B. Morton	5:57.00	2025
13 Boys 800m	J. Orton	2:52.17	B. Morton	2:59.99	2024
13 Girls 100m	M. Bell	14.82	P. Rasheed	14.95	2022
13 Girls 200m	M. Bell	31.30	P. Rasheed	32.02	2022
13 Girls 1500m	W. Schinckel	6:14.00	A. Flint	6:29.60	2025
13 Girls 800m	W. Schinckel	2:58.50	A. Flint	3:05.80	2025

Key Dates.



TermOne.

March

- 25th–27th Year 10 Outdoor Ed Camp
- 31st Adelaide Athletics

April

- 3rd Public Holiday – Good Friday
- 6th Public Holiday – Easter Monday
- 10th Last Day of Term #1

TermTwo.

- 27th First Day of Term #2

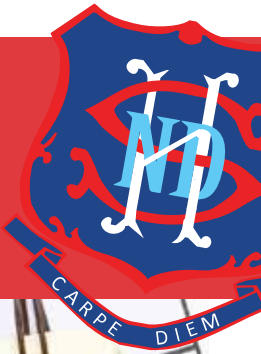
May

- 4th Nexus, Twilight Tours & SACE Information Night
- 12th Year 7 & Year 10 Immunisations
- 27th Interschool Cross Country @ Grant High School

June

- 5th Student Free Day
- 8th Public Holiday

Important Reminders



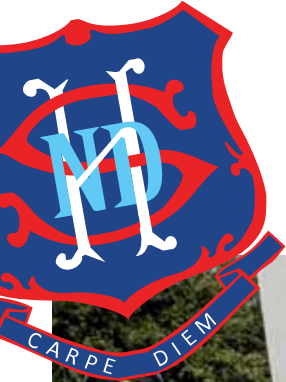
We acknowledge the traditional custodians the Meintangk/Moandik people whose land we gather on today for they hold the memories, traditions and culture of Aboriginal people.

We pay our respects to ancestors and elders past, present and emerging and respect their continuing connection to land, waters and community. May we continue to walk, feel, hear, touch and learn through this land as they have for thousands of years.

ATHLETICS CARNIVAL







Harmony Day



On Wednesday 18th March, our Music and Drama students joined our local schools at the Harmony Day celebrations in the Town Square and performed 'Delayed...but not Divided' a Harmony Day play created by NHS.

Short Synopsis: When a flight from Melbourne to Tokyo is suddenly delayed, a group of travellers from different backgrounds find themselves stuck together in an airport departure lounge. As hours pass, patience runs thin and tempers rise. When the rumour of just

four available seats on another flight spreads, the passengers begin arguing over who deserves them most.

'Delayed... But Not Divided' is a funny and heartfelt ensemble play about empathy, patience, and the power of understanding others. It reminds us that while our cultures and experiences may differ, the things that matter most; family, belonging, and connection, are shared by us all.

It was a fantastic performance, enjoyed by all! Well done to everyone involved!



HARMONY WEEK

NARACORTE



HIGH SCHOOL

EXPLAINING STUDENT ABSENCES

As per DE requirements **ALL** student absences need to be explained. Any absences 5 days or more, requires an exemption form.

Exemptions need to be approved by the year level coordinator, so please allow adequate time for this to be processed.

Please contact the school to explain your student's unexplained absences (including late arrivals to school).

This can be done in the following ways:

- >> Via text message to Student Services 0421 616 782
- >> Sentral Parent Portal
- >> dl.0786.absence@schools.sa.edu.au
- >> Telephone 8762 1333

IMPORTANT REMINDER

The first session of the school day begins at 8.45am.
Please ensure you're students are arriving by 8.40am
to start the day on time.



Interschool Athletics



Congratulations to all Naracoorte High School students who represented our school with great dedication and sportsmanship at the interschool athletics carnival on 18th March at host school Grant High School.

We are thrilled to announce that our 13 Years age group won the trophy this year—an outstanding achievement reflecting super teamwork and effort!

A special mention goes to our 13Yr Girls 4x100m Relay Team, who secured 1st place, our 13Yr Boys 4x100m Relay Team, who came 3rd, our 14Yr Boys 4x100m Relay Team who came 3rd, and our 16Yr Boys 4x100m Relay Team who came 2nd.

Notable individual performances included Lacey Foale, who placed 3rd in 14Yr Girls Triple Jump, 1st in 14Yr Girls Hurdles, 1st in 14Yr Girls Javelin, 2nd in the 14Yr Girls 100m, 1st in 14Yr Girls Long Jump, and 1st in 14Yr Girls High Jump; Logan McRostie, who came 2nd in 14Yr Boys Discus; Maddison Bellman, who achieved 1st in 16Yr Girls Hurdles, joint 1st in 16Yr Girls High Jump,

and 3rd in 16Yr Girls Long Jump; Vincent Dawson, who placed 2nd in 14Yr Boys Hurdles; Edward Heffernan, who earned 2nd in 14Yr Boys High Jump, 1st in 14Yr Boys Javelin, 3rd in 14Yr Boys 100m, and 1st in 14Yr Boys Shot Put; Alby Biggins, who finished 2nd in 16Yr Boys Discus; Makenzie Bell, who placed 2nd in both the 13Yr Girls 100m and 200m; Winifred Schinkel, who achieved 3rd in 13Yr Girls Triple Jump, 2nd in 14Yr Girls 1500m, and 2nd in 13Yr Girls 800m; Patrick Clark, who placed 2nd in 13Yr Boys Triple Jump and joint 1st in 13Yr Boys High Jump; Hope Wilkinson, who came 3rd in 15Yr Girls 1500m; Alexandra Phelan, who achieved joint 1st in 13Yr Girls High Jump; Mimi Thomson, who placed 2nd in 14Yr Girls Discus; Darcy Durand, who finished 3rd in Open Boys 400m; Georgie Midwinter, who came 3rd in 16Yr Girls 400m; Ashton Reti, who placed 3rd in 16Yr Boys 200m; and Alexis Flint, who achieved 2nd in 14Yr Girls 800m.

Thank you to all competitors, staff, and supporters for your ongoing enthusiasm. Your hard work continues to make Naracoorte High School proud!

INTERSCHOOL ATHLETICS





Library News

PREMIER'S READING Challenge

Reading for the Challenge finishes on **4 September 2026**

For more information

☎ 08 8226 4300
✉ prc@sa.gov.au
🌐 prc.sa.edu.au

Government of South Australia | SOUTH AUSTRALIA

THE HON PETER MALINVER MLC
MEMBER OF PARLIAMENT

TO: THE PRINCIPAL AND SCHOOL COMMUNITY

RE: PREMIER'S READING CHALLENGE

Welcome back to a new school year and the 23rd year of the Premier's Reading Challenge in South Australia.

I am challenging South Australian students from Reception to Year 12 to read 12 books by 4 September 2026.

The Premier's Reading Challenge continues, with over 121,000 students from 683 schools completing the Challenge in 2025. Many students educated at home also took part in the Challenge.

Almost 97 per cent of all South Australian schools had students completing the Challenge. This is an outstanding achievement and I thank you all for your time and efforts in supporting children and their families to complete the Challenge.

I congratulate all these schools on their results.

The Challenge has been fortunate to have 22 high profile and enthusiastic ambassadors who inspire students to enjoy reading and achieve their goals. Adelaide United Football Club, Adelaide Lightning Basketball Club, Adelaide 36ers Basketball Club, Port Adelaide Football Club, Adelaide Football Club, Thunderbirds Netball Club and SA Scorpions have also thrown their support behind the Challenge and Premier's be active Challenge as joint ambassador teams.

The Premier's Reading Challenge continues to be an important initiative that supports the State Government's commitment to Literacy Guarantee for young South Australians and encourages them to enjoy reading.

All information about the Challenge is on the Premier's Reading Challenge website at www.prc.sa.edu.au, phone (08) 8226 2006 or email prc@sa.gov.au. A school contact person is requested to coordinate your school's participation on behalf of all teachers, staff and students at your school.

State Administration Centre 200 Victoria Square Adelaide SA 5000
GPO Box 230 Adelaide South Australia 5001
+61 8 8425 3252 | premier@sa.gov.au
www.sa.gov.au

Premier's Reading Challenge

This year's Premier's Reading Challenger is now well underway. If your student hasn't signed up to the challenge yet and would like to, they need to speak to their English teacher or Mrs. Miles (in the library). All they need to do is read at least 12 books between now and the 4th September 2026 to complete the challenge.

For students in Yr 7 to 9, four of the books need to be from the Premier's Reading Challenge booklist. This list can be found on the Premier's Reading Challenge website <https://premierreadingchallenge.sa.edu.au/book-list/>. To find books on the PRC booklist in our school library, students just need to look for the

yellow sticker on the spine. There are plenty of books to choose from with over 1000 books on the booklist in our library including fiction, nonfiction and graphic novels.

For students in Yr's 10 to 12, all books are personal choice, however, can include PRC booklist books.

House Points are received for completing the Challenge, plus for avid readers there is the opportunity to earn extra house points by being the top reader for each Yr level. Students can visit the school library for more details.

Library News



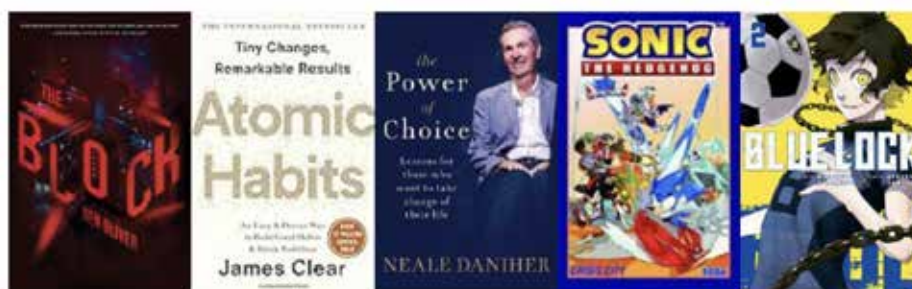
Reading for Pleasure

Information taken from: www.australiareads.org.au/key-statistics-on-reading/

- Australians love reading, with over two thirds of the population (aged 15+) reading for pleasure – that's 14.3 million Australians.
- Young men aged 15–24 are the least likely to read recreationally in Australia
- 54% of teenagers read more than once a week – with 15% reading daily.
- 29% of secondary school students don't read for pleasure in their free time
- Reading fiction for just five minutes can reduce stress by nearly 20%
- Those who read 30 mins a week are 18% more likely to report an increase in self-esteem and greater life satisfaction
- Comfort is one of the top emotions associated with reading by Australians

Information on the Premier's Reading Challenge can be found at:

www.premiersreadingchallenge.sa.edu.au/parents-families/



A SELECTION OF THE MARCH NEW BOOKS FROM STUDENT RECOMMENDATIONS



STAFF SPOTLIGHT

featuring...

TOM RECHNER

BETTER KNOWN AS: Spiros

CURRENT ROLE AT NHS: Senior School & SACE
Coordinator / Design & Tech

IF I WASN'T WORKING AT NHS I WOULD BE: Still on the tools

OUTSIDE OF SCHOOL, YOU WILL FIND ME: On a job site,
underwater or on the golf course

FAVOURITE BOOK, MOVIE OR TV SHOW: Entourage

HIDDEN TALENT: I can recite Austen Tayshus 'Australiana'

FUN FACT ABOUT ME: I'm colourblind

BEST PIECE OF ADVICE I'VE EVER BEEN GIVEN:
Work like a Captain, Play like a Pirate

IF MY LIFE HAD A THEME SONG, IT WOULD BE...
'Dumb Things' by Paul Kelly



STAFF SPOTLIGHT

featuring...

HILLARY TROTTER



CURRENT ROLE AT NHS: Senior Leader, Teaching Practice & School Systems, Carter House Leader

IF I WASN'T WORKING AT NHS I WOULD BE: probably organising something and building and refining systems in a different organisation

OUTSIDE OF SCHOOL, YOU WILL FIND ME: sitting in my comfy chair reading or cross stitching, running with my dog, building lego with my son, being the pit crew for my husband during motorbike racing, driving our ski boat or kneeboarding and skiing.

FAVOURITE BOOK, MOVIE OR TV SHOW: The Beartown Series (book), Accepted (movie), Gilmore Girls (TV show)

HIDDEN TALENT: I can link any teaching activity or any element of my work to a Taylor Swift song

FUN FACT ABOUT ME: I am training to run a full marathon in April

BEST PIECE OF ADVICE I'VE EVER BEEN GIVEN:
You cannot control everything

IF MY LIFE HAD A THEME SONG, IT WOULD BE...
'You're On Your Own Kid' - by Taylor Swift





Naracoorte High School Pathways Pay to a Packet!

SAVE THE DATE!

**Our Award Winning Pathways to a Pay Packet
Career Expo & Information night is back in 2026!**

Monday 10th August @ Naracoorte High School

If you would like to be involved in this years event, please contact Tammy Schinckel via email tammy.cane985@schools.sa.edu.au as soon as possible for further details & to secure your place

NO AEROSOLS NO AEROSOLS

**Important reminder that
aerosol cans are not
permitted at school.**

This includes all spray on deoderants,
body sprays and perfumes.

**If any aerosols are bought onto school
grounds, they will be confiscated.**



NO AEROSOLS NO AEROSOLS

Community Events



DEFENSIVE DRIVING COURSE
 For 16-21Yr Olds
 Come and learn essential defensive driving skills from expert tuition by the Australian Driving Institute.
 Just \$50 per student

When: 8.30am Saturday 18th / Sunday 19th April
Where: Naracoorte Sale Yards - Carters Road
Bookings Essential

Contact for registration and payment before 10th of April:
 Chris Malleny 0435 521 857 or Graham Brammer 0428 854 931
 Email: sabrepara@hotmail.com
 (Own Vehicle Required)

Harmony Day
WISH FESTIVAL
 28 MARCH 2026
 Naracoorte Swimming Lake | 5pm - 8pm

Make a wish & release a floating lantern on the lake at twilight. Enjoy free multicultural food offerings & performances.
Everyone Welcome.

Join one of our lantern-making workshops throughout the day. A hands-on session to guide you through crafting your very own lantern and help create a stunning large group lantern. Spaces are limited for the workshops. Book for free via humanitix or the QR Code.

10am - 1pm OR 2pm - 5pm Saturday 28 March

EVERYONE BELONGS

Proudly presented by:
 LCMN Limestone Coast Multicultural Network
 AMRC Australian Migrant Resource Centre

YOUTH SCREENING CLINIC

NARACOORTE

Free self-referral service — book ahead to plan your visit
 Offering sexual health screening and information to keep you and your partner healthy.

THURSDAY 11th JUNE
8:30AM - 4:30PM

- Sexual health and safe practices
- Emotional wellbeing and lifestyle guidance
- Asymptomatic sexual health screening
- Offering to Men and Women between 12yrs-25 years
- LGBTQI friendly and welcome to attend.

Country Health Connect
 6 Cedar Ave, Naracoorte

To make an appointment, call (08) 8762 8160

A collaboration between headspace Mount Gambier and Country Health Connect

NHS BOOK CLUB

gemma.files987@schools.sa.edu.au

If you love reading and want to chat to like minded students, come join....

Page Turners

All year levels welcome to join!

Meetings will be held during lunch times, sharing our love of reading in a relaxed environment.