



Naracoorte High School

Newsletter

ISSUE 9 14TH SEPTEMBER 2021

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SCHOOL EVENT DATES

TERM 3

September

- 15th Music Concert - 6pm
Williamson Hall
- 16th-17th STEM Girls
Conference - Adelaide
- 17th Pathways Yr 10
Certificate course
- 21st Yr 10 immunisations
- 22nd STUDENT FREE DAY
- 23rd Yr 10 Girls & Boys
Basketball
- 24th END OF TERM 3
- Early Dismissal

October

- 11th Term 4 commences
- 13th Life Education
presentations
- 14th Yr 8-10 Boys Cricket
- 19th-20th Mt Gambier Show
- 20th Yr 8/9 Boys/Girls
Basketball
- 22nd Yr 12 Celebration
Breakfast
Yr 10 Basketball
Finals
- 28th RAP Program - Yr 11

From the Principal ...

What a terrific couple of weeks I have encountered at Naracoorte High School. It was with great pleasure that I was able to represent the School at the Wattonbully Partnership Review on Tuesday 24th August. The Partnership Review brings all Pre-School Directors, Primary School, Secondary School and Area School leaders from the area together, to showcase the positive work that has been achieved collectively from Kindy – Year 12 over a period of approximately three years. Most relevant to Naracoorte High School, the Middle Years and Junior Secondary Years mainly focus on NAPLAN Performance Scores. To provide a greater understanding of the data driving the improvement journey in transition into secondary school and the performance of our Year 9 cohorts and Senior Secondary focuses on Senior Secondary Performance Scores, which is generated by the data provided by SACE (Stage 1 and Stage 2). Year 12 enrolments and attendance. Many outstanding examples were shared from our Public School Principals throughout the day. The sites in our region have much to celebrate. Naracoorte High School continues to perform extremely well in the areas of Literacy, Numeracy and SACE achievement.

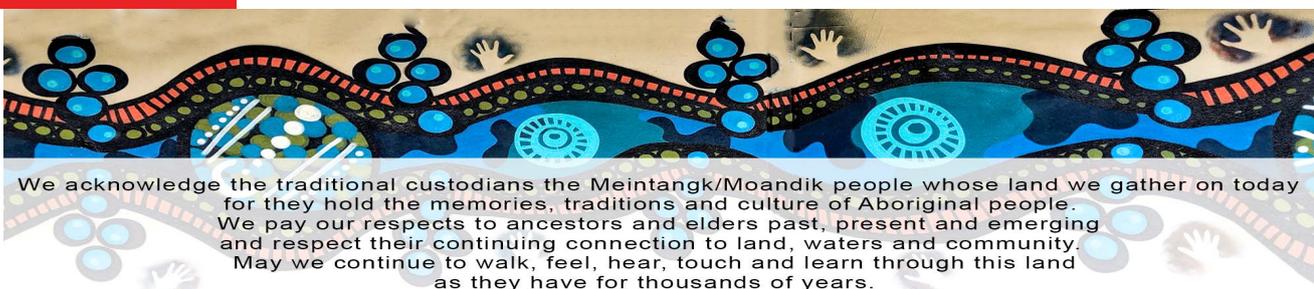
During Weeks 7 and 8, I had the pleasure of meeting and working with our new Middle School Coordinator, Felicity Slotegraaf. Whilst the whole staff are working on a transition agenda for our 2022 Year 7 and Year 8 double cohort to High School, Felicity is working between sites to support a smooth transition with our Junior Secondary key staff – Lisa Riley, Karen Justin and Jeanette Terry, to create a seamless transition for our whole community. I will be meeting with 'feeder school' Principals this week to continue discussions that support a cohesive transition in Term 4 and into 2022.

Between newsletters, I have also had the privilege of attending a Stage 2 Physical Education event in amongst many events. A group of students were required to travel to Penola to compete against other Year 12 Physical Education students within our region, with a focus on improving their volleyball skills. I was absolutely thrilled in the way our young people and future leaders conducted themselves in this sporting arena. Whilst I was a direct witness to this fabulous effort, commitment, team work and attention to improvement, I have also enquired about and been privy to hearing directly of several success stories from our staff, parents and students that have been involved in football finals, netball carnival, Royal Adelaide Show participants and more over the past three weeks. I would like to publicly thank every student, parent, staff member and community member that have supported our young people in accessing these opportunities.



Government
of South Australia

Department for Education



We acknowledge the traditional custodians the Meintangk/Moandik people whose land we gather on today for they hold the memories, traditions and culture of Aboriginal people. We pay our respects to ancestors and elders past, present and emerging and respect their continuing connection to land, waters and community. May we continue to walk, feel, hear, touch and learn through this land as they have for thousands of years.

Last week we celebrated a national recognition day 'R U OK' at Naracoorte High School. It was lovely to share a splash of yellow and partake in a donut iced in yellow as a reminder to everyone in our community to check in not only on this national day, but every day. A sincere thank you to the Wellbeing Team and student leaders for delivering donuts individually with joy to our students prior to recess and to the Physical Education team for running team games during our break times on this day.

The remainder of this term is likely to be fast and furious. Please make the time to catch up with any staff who can support you in supporting your young person in achieving their very best educational outcomes this term. If there is anything that I can do to support you in achieving the best possible outcomes for your child, please do not hesitate in contacting the School.

*Best wishes
Kylie Smith
Principal*

Yr 10 Knockout Netball



The Year 10 Knockout Netball team left with much enthusiasm for the day ahead. They were strong in the first game against Mount Gambier High School coming away with the win. They then came up against Tenison Woods College who were too strong on the day. The next two games against St Martins Lutheran College and Penola High School showed excellent teamwork and sportsmanship winning both. The final game against Millicent High School was always going to be a battle and they fought hard to the end, but unfortunately did not come away with the win. A big thanks to Sarah Durand and Floss Kavanagh for umpiring and team managing. It was a brilliant day out.

*Bronwyn Longbottom
Teacher*

Yr 8/9 Knockout Netball



Our superstar Year 8/9 Div B netballers travelled to Mount Gambier to play against Tenison Woods College, Mount Gambier High School, Grant High School and Millicent High School.

The day wasn't about winning and no scores were kept. All our girls showed outstanding sportsmanship by cheering each other on and playing to their absolute potential. All the girls gave different positions a go and the spectators saw some spectacular moves.

Well done to the girls on a fantastic day! You have done Naracoorte High School proud!

Sarah Edwards
Teacher

Please remember our 10km speed
limit when driving into our school

#StopSlowDown



Yr 8/9 Football Final

On Tuesday August 31st, the Naracoorte High School Year 8/9 Footballers travelled to Adelaide to stay the night at West Beach Caravan Park before the Final against Nuriootpa High School. Students had an all you could eat team dinner at the Watermark Hotel in Glenelg, some took advantage of this and had plenty of food! After dinner the lads went for a walk down to Glenelg Square and to the beach.



These two days were warmer than what our students have been used to. One room of students were sleeping so hot that their room was like a sauna that set off their fire alarm, as well as the teachers rooms' fire alarms, at nearly 2am in the morning! The next morning the players got up, had a team breakfast and went over expectations for the day.

The game was played at Thebarton Football Oval between the Pool C final and Pool A final. The team was managed and coached by Mr Hicks, and Runner was Mr Moos. Thanks to Loren Bald and Nick Malone who put a vest on and ran water out to the boys in the heat on a larger oval.

The boys started really well, hitting the lead by a couple of goals with a slight breeze. Unfortunately, they didn't kick straight and the lead could have easily been a couple more goals. In the second quarter George Malone injured his knee which has unfortunately been confirmed as a medial tear. He was also leading the way with Will Freckleton and once he went down Nuriootpa started to get on top. By the end of the second quarter they lead by a goal. The trend continued, but we were holding on to be only down by a couple at the last change. The wind blew up a bit more and we were up against it which proved too much and Nuriootpa ran out winners by quite a margin.

Overall our lads played really well, but just couldn't defend the larger and faster Nuriootpa team on a large oval in the heat. Our Best Players for the day were Will Freckleton, Sid Shepherd, Matthew Maney, Blake East and Jack Du Rand.

The team stayed and watched the first half of the Pool A final between Henley High School and Sacred Heart College. This was an eye-opening experience for some of the boys to see the level that some players their own age are already at. At half time we made our way home with an obligatory stop at KFC in Murray Bridge. The boys represented the School excellently throughout the trip and did a great job to achieve Runner-up in the Pool B School Sports Competition.

Daniel Moos, Teacher and Kieron Hicks, PE Coordinator

Yr 8/9 Football Final



Pathways to a Pay Packet

On Monday 23rd August, Naracoorte High School hosted Pathways to a Pay Packet. This Career Expo and information evening would not have been possible without the amazing support of our community.

Approximately 40 different organisations and/or businesses volunteered their time to host Expo stalls for people to access and gain information about a variety of Career Pathways. We started the evening with a presentation by Steve Chapple from Regional Development Australia who gave a thorough overview of the current job markets and gaps, as well as pointing out how many jobs have been advertised and filled locally. This was followed by a number of speakers who gave a brief overview of their business, and what they look for in an employee.



The 250 participants then explored the Expo stands. Feedback from the evening has been positive and we hope that students, parents, community members and industry found it to be a worthwhile event.

Thanks again to the following businesses and organisations for their support of our School Career Strategy work.

- Regional Development Board
- Teys Australia
- Limestone Speech
- Good Country Physiotherapy
- Smiles All Round
- Naracoorte Seeds
- PPHS
- Naracoorte Lucindale Council
- Lincoln Residential College
- PIRSA
- CASTEC
- Bull Bros Naracoorte
- Civil Construction Federation
- Shepherd Farming



- School Based Apprentices
- Wickham Flower
- Naracoorte Automotive
- Flinders University
- Adelaide University
- University of South Australia
- Elders
- Naracoorte Childcare Centre
- Naracoorte Caves
- SCAA Shearer Wool Handler Training Inc.
- McDonalds, Naracoorte
- Sweet Espresso
- Limestone Coast Training
- Longridge Aged Care
- Career Partners Plus
- Local Jobs Program
- SAPOL
- Ottosons Real Estate
- CFS
- Woolworths
- Helloworld Travel
- Dentistry SA
- Terry White Pharmacy
- Murray Nankivell



A fantastic evening, I cannot thank the community enough for their support with this event.

*Tammy Schinckel
Assistant Principal , Flexible Delivery, Pathways and Senior School*



OPEN NETBALL

On Thursday 26th August the Open Netball Team travelled to the Ice House in Mount Gambier to compete in the Pool A Southeast Statewide Sports Netball Competition. The competition was divided into two pools where the winner from each pool would play in the cross over Grand Final. NHS



was placed in Pool B where we would play Mount Gambier High School, Millicent High School and Penola High School in the minor rounds.

The girls got off to a great start against MHS and come out fired up and ready to play. With hard work and determination the team had a handy lead by half time. Their intensity and commitment to play continued and they came home extensive winners with a score of 35-9.

Game 2 was against PHS and the girls continued their intensity and high level of standard of play right from the beginning of the game, once again, creating an extensive lead going into half time. This lead continued into the second half walking away with another convincing win 43-14.



Game 3 was always going to be our toughest match of the day with MGHS having similar wins against our previous teams. There were some uneven match up with MGHS having some very tall players. The game was very close all the way through and at times got quite physical, however the girls held their nerves, played some excellent netball and backed each other as a team.

OPEN NETBALL

NHS came away the eventual winners 25-21. This left us top of our pool and into the Grand Final.

Here we met Tenison Woods College and this was always going to be a tough game. I had full confidence that the team could match Tenison as they had displayed their skills all day. Tenison got off to a quick start and the lead crept out quite quickly until our girls settled, into the game. The score line fluctuated throughout the first half, however once settled we maintained the score line. Going in to half time we were 12 goals down but had the ability to keep score with Tenison. After some explicit instruction of tightening up and putting more pressure on the play, the second half was much more evenly matched. We reduced the score to be within 8 goals and put a lot of pressure on through the mid court slowing down Tenison's play. Unfortunately, a little lapse close to the end of the game saw the lead extend again to 11 goals at the final whistle.

The girls walked away extremely happy with their efforts and to have an even score in the second half confirmed that we could match Tenison's level.

I would like to thank Jayde Fretwell for being our umpire for the day. She did a superb job and is a highly talented umpire. Also a huge thank you to Lily Sambell for being our reserve,

but also our great Team Manager who gave so much encouragement throughout the day.

TEAM: Ella Jones, Chloe Burke, Lucy Henschke, Grace Collins, Grace Bittner, Ellise Berkin, Gemma Romer, Poppy Moyle-Read

TEAM MANAGER: – Lily Sambell

UMPIRE: – Jayde Fretwell



*Karen
Justin
PE Teacher*

Yr 11 Biology

Year 11 Biology Students; Bich, Tilly, Marshall, Khalahni, Harry, Angus, Caitlin and Xian went to Naracoorte Primary School to share their biology knowledge of living things with the Year 1's and 2's in The Garden. Our students worked tirelessly to encourage the Naracoorte Primary School students to develop good observational and scientific thinking. The goal for the NPS students was to identify living and non-living items in the samples that we provided. The NPS students experienced microscopes with animal cells, plant cells and insects. Charlie Bear (retired school support dog) was a

hit with all the students. This sharing of learning helps to develop clear communication strategies of concepts and build relationships between the schools.

*Lisa Hurrell
Science Teacher*



STEM GIRLS INQUIRY DAY

STEM Girls attended the second inquiry day in Week 7. Bich, Tilly and Soupavadee started the day exploring the testing of water samples using specialised equipment to test for pH, turbidity and salinity, to name a few. They followed this by having an introduction to coding using miniature cars. The cars could play tunes, illuminate headlights and brake lights, go forwards, backwards and turn. Bich, Tilly and Soupavadee worked hard at programming their cars and thoroughly enjoyed the experience. Finally, the day ended with speaking to local women who work in STEM careers. Bich, Tilly and Soupavadee got to ask loads of questions from University selectors to why they chose their current careers. This was invaluable for the students to be exposed to local STEM careers and how they gained their qualifications. The girls are looking forward to the conference in Adelaide happening in Week 9. They will get to meet like-minded students and have networking opportunities with current women in STEM careers. The girls will also tour STEM industry sites to experience real-world STEM careers.



Lisa Hurrell
Science Teacher



MULTIPLE CHEMICAL SENSITIVITY

WE HAVE A STUDENT ATTENDING NHS IN 2022
SUFFERING FROM MULTIPLE CHEMICAL
SENSITIVITY AND ARE MOVING TOWARDS BEING
A FRAGRANCE AWARE SCHOOL.
WE ASK PEOPLE ENTERING THE SCHOOL TO BE
AWARE OF THIS CONDITION.

Multiple Chemical Sensitivity includes a wide range of triggers:

- Perfume
- Shower gels and liquid soaps, hairspray, nail varnish, hair styling products, hair conditioners, sun lotion and scented bath products
- Personal care products and cosmetics
- Household & other cleaning products
- Cigarette smoke
- New clothes

Multiple Chemical Sensitivity can include a wide range of symptoms including, but not limited to:

- Fatigue
- Headaches
- Disorientation
- Irregular or rapid heartbeat
- Gastrointestinal problems
- Asthma/breathing problems





Naracoorte Lake parkrun is part of a free weekly international community. The 5km timed event is for walkers, joggers and runners of all standards. It takes place every Saturday at 8:00am at the Naracoorte Swimming Lake with a pre-event briefing at 7.50am. The course starts at the Swimming Lake near muster point 1, then meanders through the parklands area, returning to finish back at the lake.

parkrun is a positive, welcoming and inclusive experience where there is no time limit and no one finishes last. Everyone is welcome to come along, whether you walk, jog, run, volunteer or spectate. Children of all ages are welcome, with those under 12 needing to stay within arms length of their guardian. One dog per person on a short leash is also welcome. The Naracoorte Swimming Lake course is mostly on unsealed footpaths.

Registration is completely free and only needs to be done once! Simply complete the registration form at www.parkrun.com.au/register, print your barcode and head down to the lake.

parkrun is run totally by volunteers. If you would like to help out or find out more, go to www.parkrun.com.au/naracoortelake. They can also be contacted via Facebook or email naracoortelake@parkrun.com.au.

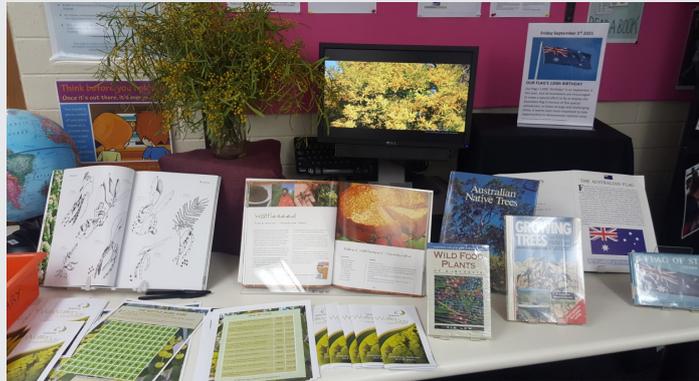


**NARACOORTE
HIGH SCHOOL
MUSIC
CONCERT**

—
WEDNESDAY 15TH
SEPTEMBER
6PM
WILLIAMSON HALL

Library Resource Centre

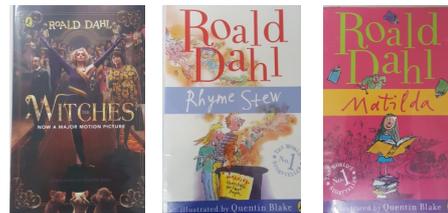
The Library recently celebrated National Wattle Day on the 1st September, with a book and video display plus a student competition. This was followed by Australian National Flag Day, 3rd September, where the Australian National Flag was flown digitally for the day in the Library.



New Books



Monday this week was Roald Dahl Day. The Library has a collection of Roald Dahl books for students to borrow.



"If you are going to get anywhere in life you have to read a lot of books" Roald Dahl

PREMIER'S READING Challenge

This year's Challenge has now finished.

Congratulations to all the students who managed to complete the Challenge in another difficult year. Watch out for a list of award recipients and their respective award level next term.

Library Resource Centre

Why read?



Quick stats about regular readers :

- They are 28% less likely to report feelings of depression
- One in five claim that their reading habits prevent feelings of loneliness
- They are 10% more likely to report good self-esteem than non-readers and this increases to 15% if they read for at least thirty minutes per week
- They are 20% more likely to report greater life satisfaction
- 57% more likely to have a stronger awareness of other cultures
- 23% more likely to understand other peoples emotions

Reading Books Matters to our Health and Happiness: The Growing Research

Reading books and its benefits : Making us smarter, healthier, happier.

Research shows that reading books can be a great way to improve your cognitive abilities, relax your body and lower your heart rate, and even enhance how happy you are with life.

Australia Reads has compiled relevant research on how reading is key to being smarter, healthier and happier.

Information from <https://www.australiareads.org.au/why-read/>

Students are encouraged to borrow extra reading material for the school holidays as reading not only provides a great way to relax, it helps to improve emotional health, relieves stress and contributes to improving sleep quality.

“If you don’t like to read, you haven’t found the right book.”

– J.K. Rowling





**Online
entries and
ticket sales
now open!**

It's Showtime!

Entries are now open for Youth Classes in these sections:

- ◆ Young Rural Ambassador
- ◆ Beef Cattle Handlers
- ◆ Horses-in-Action
- ◆ Young Judges
 Individual & team challenge
- ◆ Poultry & Pigeons
- ◆ Art Sculpture
- ◆ Cookery
- ◆ Produce
- ◆ Photography
- ◆ Art
- ◆ Handicraft
- ◆ Floral Art



To enter any of these classes go online to:

<https://showday.online/show/naracoorte>

You can enter as an *individual*

Or

do a *bulk entry* for all of your class members

Tickets for the show are *pre-purchase only*.

No tickets can be purchased at the gate.

To get your ticket today head to:

www.agfast.online/event/naracoorte-show/



General Enquires: show@naracoorteshowgrounds.com.au