



From the Principal ...

It is hard to believe that we have passed the halfway point of Term 1. I must once again thank the Naracoorte community for the tremendous opportunities and support it extends to our wonderful school.

Congratulations to all participants involved in Sports Day held last Thursday. The student attendance and participation was excellent and the level of competition was outstanding. It was great to see so many parents joining us to cheer on the participants. Thank you to all the parents and students who volunteered their time to help on the day. Without your assistance the day would not have gone as smoothly as it did. We appreciate your support.

I would like to recognise our House Captains and the HPE staff for their hard work in the lead up to the day, with a special mention to Nadia Sears and Kari Thomas for the long hours they put in orchestrating the event. Of course we must congratulate Flynn for being overall winners, on the day, as well as the Cup winners for each age group, details of which can be found in this newsletter. Thank you also to the teachers and staff who contributed to the setting up, running of the day and pack up.

On the 17th February, five of our Year 12 students participated in the Lions Youth of the Year Quest: Olivia Neagle, Ashlea O'Shaughnessy, Cleoni Trussell, Jasmin Ireland and Jamie Sincock. Students were required to give two speeches: one impromptu speech, responding to two unseen questions on technology and its impacts on education, and climate change, and the second presentation was a prepared speech on a topic of their choosing. All students presented extremely well, making judging difficult. However, I would like to congratulate Olivia who won the Public Speaking Award and was the overall winner on the night. I would also like to acknowledge Ashlea, Cleoni, Jasmin and Jamie who all did an outstanding job. Olivia will now participate in the Regional Final in the near future. It is heartening to know that we have such outstanding talent within our Senior School cohort. It takes courage to stand before a group of strangers and speak fluently and with conviction and you should all be proud of your achievements. Thank you to Hillary Trotter who provided advice and assistance to the students throughout the process. Thank you also to all staff, parents and students who attended on the night to support these individuals. We also appreciate the ongoing support that the Lions Club Naracoorte provides in hosting this very worthwhile event.

Last Wednesday, our Governing Council AGM met in the Library. For us as a school it was a poignant moment, with Andrew Shouksmith relinquishing his position of Chairperson after four years of dedicated service. I would like to take the opportunity to say thank you for all your hard work and support of Naracoorte High School. I hope we can fulfil Andrew's aspirations of attracting Governing Council membership from both our Indigenous and new migrant communities.

SCHOOL DIARY DATES

TERM 1

March

- 18th Interschool Athletics
- Mount Gambier
- 23rd NHS National Day of
Action Against
Bullying
- 25th STUDENT FREE DAY
- 27th Harmony Day

April

- 7th Adelaide Athletics
- 9th End of Term 1 -
2.30pm dismissal
- 10th GOOD FRIDAY
- 13th EASTER MONDAY

TERM 2

- 27th Term 2 commences
- May
- 4th-8th Parent Student
Teacher Conferences



Please email all newsletter items to:
dl.0786.info@schools.sa.edu.au



We had two new members join us this year, and I would like to welcome both Andrew Shepherd and Robert Bull to Naracoorte High School Governing Council. Thank you Andrew Shepherd for taking on the position of Chairperson.

Being part of the Governing Council:

- Provides a forum for the involvement of parents and the school community
- Is a conduit to identifying the educational needs of the local community and the attitude of the local community to educational developments within the school
- Ensures that the cultural and social diversity of the school community is considered and the particular needs of all student groups are appropriately identified.

If you would like to be a part of Governing Council please join us Wednesday 18th March at 6.30pm. We would also like to invite parents to become part of the sub-committees for agriculture, buildings and grounds, finance and the canteen. Please contact the school on 87621333 and speak to Margaret if you would like to join or have any questions.

Don't forget we are holding a Student Free Day on 25th March. The purpose of the day is to work with Dr Rosie Kerin. Rosie completed her doctoral research exploring the changing practices and identities of mid-career English teachers as they mastered and integrated digital technologies within their professional contexts. Her teaching and research interests include the ever-changing scope and field of English teaching, particularly in relation to the integration of evolving texts and digital technologies. This Professional Development activity is designed to support teachers in developing before, during and after reading strategies. This targeted intervention in reading comprehension is in line with the current 2019 – 2022 School Improvement Plan.

*Regards,
John Harris, Principal*

Rostrum Voice of Youth Public Speaking Competition 2020

Do you have something important to say? Now is the time to speak out!

Rostrum Voice of Youth is one of Australia's premier public speaking competitions for secondary students. The competition provides secondary students with the opportunity to gain experience and confidence in expressing their views and communicating their message.



Naracoorte High School has had quite a number of students involved in this competition over the years, some that have competed at semi-final and state final levels!

From a selection of five topics, contestants present a **prepared speech** of six minutes for juniors (students in Years 8 or 9) and of eight minutes for seniors (must be under 18 years of age at 1st January and in Years 10, 11 or 12). Students are also involved in completing a three minute **short-notice speech** (with 15 minutes preparation time).

Speech topics for 2020...

Juniors	Seniors
The Right Attitude	Caught In The Crossfire
An Incredible Discovery	Isolated From Humanity
A Story That Matters	Life In Colour
In The Spotlight	Confident And World Ready
It Gets Easier With Practice	A Message to Critics

The South East Heat will be on Wednesday night the 6th May (Term 2, Week 2) at Grant High School.

Please see or email Mrs Beggs (bel.beggs921@schools.sa.edu.au) if you are interested in competing in this competition this year - entries are due in no later than Tuesday, March 31st (Week 10).

SPORTS DAY

The Naracoorte High School Sports Day was held on Thursday 5th March. With long endless, lead up weeks the House captains and staff outdid themselves this year. With our main Faculty Teacher, Nadia Sears organising the event, our new P.E coordinator - Miss Thomas, and some very stressed yet eager House Captains rose to the challenge. A massive congratulations to all involved. It was a huge success and you should all be very proud.

The House Captains worked incredibly hard this year, and as fellow School Captains, it was very hard to see them so under the pump, but again so proud and all worth the tears and the hard work! Introducing a new award of 'Best Dressed' from each year level, teacher and overall winner was a huge success. With many students and staff getting around it and bringing very interesting and fabulous costumes to the table.

For a 6am start, coffee runs were a must, and all Captains and teachers were on board from dawn till dusk. It was amazing to see you all kept going all day long, supporting, competing and staying involved in as much as you all could!

From the crowd, it was fantastic to see so many new and old students having an absolute crack for their House. Going out of their comfort zone, pushing their limits, and even breaking some astonishing records. Well done to all students who attended the day, and competed or helped with all events!



Thank you to all family and friends who supported and helped out on the day. Your work hasn't gone unnoticed. Thank you for all you do. As well, a massive thank you to our fabulous team of ribbon presenters and support from our trophy donors. A big thank you must also go to Tim Harrison and Gordon Gibbs for preparing the oval and track and making it look fabulous. Also the background work done by Mrs Justin, Mrs Sellars and Jesse Briggs for the set up of the new program for resulting.

Overall, the 2020 Sports Day was a huge success and it was highly evident across all areas of the day. Congratulations to every single one of you and a special congratulations to Flynn, for taking out the 2020 Sports Day shield. May NHS Sports Day continue to grow in the future!

*Olivia Neagle and Jasmin Ireland
School Captains*

FINAL RESULTS

1st Flynn 1336

Captains:

**KAYLA WELLINGTON
& CLEONI TRUSSELL**

2nd Murdoch 1228

Captains:

**SOPHIE BATES &
JAMIE SINCOCK**

3rd Carter 1076

Captains:

**CHARLOTTE BAKER &
CHANDLER BORG**



INDIVIDUAL CUP WINNERS

U/14 Girls Champion - Brooke Edwards

(Donated by NHS Governing Council)

U/14 Boys Champion - Sid Shepherd

(Donated by NHS Governing Council)

U/15 Girls Champion - Meg Miles

(Donated by NHS Governing Council)

U/15 Boys Champion - Jake Shepherd

(Donated by NHS Governing Council)

U/16 Girls Champion - Poppy Moyle-Read

(Donated by Hansen Design & Print)

U/16 Boys Champion - Zac Nancarrow

(Donated by HT Rowe)

Open Girls Champion - Ella Jones

(Donated by Bob and Gini Tidy)

Open Boys Champion - Sebastian Volker

(Donated by Joe and Kay Hole)





RECORDS BROKEN

U/21 Male 5kg Shot Put - Sebastian Volker

U/16 Male 4kg Shot Put - Zachary Nancarrow

U/14 Female 400gm Javelin - Elizabeth Bird





SPECIAL EVENT WINNERS

Edwards Family Perpetual Trophy – U/21 Girls 100m
Ella Jones

Peter Herold Perpetual Trophy – U/21 Boys 100m
Chandler Borg

Naracoorte Sportspower Trophy – U/21 Girls 800m
Ella Jones

Jack Farmer Perpetual Trophy – U/21 Boys 800m
Sebastian Volker

Edwards Family Perpetual Trophy – U/21 1500m
Ella Jones

Frank Drew Memorial Trophy – U/21 1500m
Sebastian Volker



AG UPDATE

It's been a busy start to the term with the arrival of the pigs, chickens and wethers, and many excursions to local industries. Year 12 students have been learning about cattle selection and marketing, including understanding EBVs and structural assessment. Students were required to select bulls using EBVs at the Limek Field Day and then undertake a structural assessment workshop at Sterita Park.

Thank you to Ken and Enid Modra from Limek Limousin Cattle Stud and, Ian Moreland and Nanni DiGiorgio from Sterita Park Angus. The topic was finished off with a trip to Tey's Naracoorte to learn how management and MSA can affect the end product. Thank you to Jake Phillips for an excellent tour and workshop.



Animal Health has been the main focus for the Year 11 students with visits from PIRSA and Elders, a trip to the Naracoorte Livestock Exchange and JBS Bordertown. Thank you to Stewie Hinze from PIRSA, Brendan Voss from Elders and Trevor Schiller from JBS, for sharing your knowledge with the students. Students undertook a worm egg count on the school ewes and discussed the importance of drenching, followed by an overall health check for lice and footrot.



The students then visited the saleyards to inspect cattle and sheep at the market for animal health issues.

Finally, a trip to JBS allowed students to understand how internal parasites and disease can impact the price paid for sheep over the hook.



AG UPDATE

The Year 10's have welcomed four new Berkshire pigs to the farm, and will be managing this enterprise. The Year 9 students are learning about raising day old chickens and vineyard design, whilst the Year 8 students have been busy looking after their veggies.

Emma Phillips
Ag Teacher



YEAR 8 CAMP

Year 8 Camp Week 2020 ran in Week 4 from Monday 17th February – Friday, 21st February 2020.

Over the course of this camp students tried their hand at Adventure Caving, where they explored the depths of Wet Cave and Blackberry Cave. Students were able to challenge themselves by squeezing through tight spaces, which many did with gusto! The camp teachers were very impressed with the resilience of all students – especially those who faced their fears in the caves.

The 'Initiative' low-ropes course gave students the chance to show their teamwork and cooperation skills. Teams worked together to navigate a variety of challenges, including the spiders-web, the rope bridge, the snake pit and the wire ladder. Again, many students successfully faced their fears with the support and encouragement of their groups and teachers.

This year there was an additional element to camp. Students completed a booklet where they reflected upon their camp experiences and the new information they learned from the Caves experts.

Here are just some of highlights from camp!

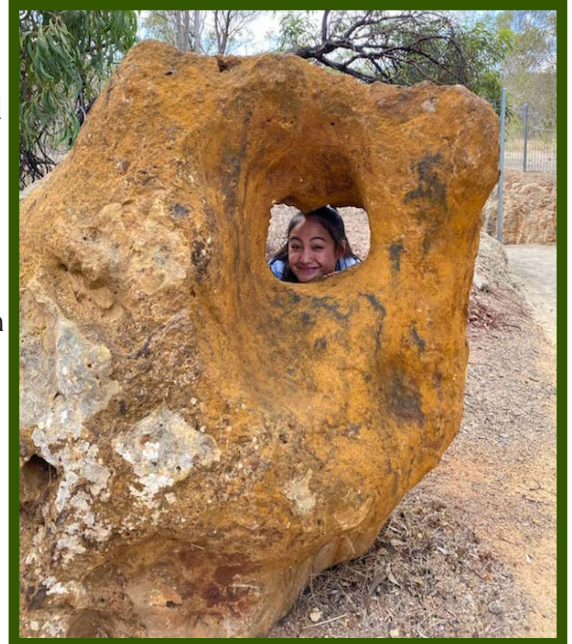
"I liked crawling through the caves and looking at the different formations." – Scarlett and Olivia.

"I really enjoyed adventure caving." – Honey and Lizzie

"I enjoyed crawling through tight spaces in the caves." – Macy

"I liked seeing the bats." – Bella

Katelyn Schulz
Teacher





This year Naracoorte High School is continuing to offer The Duke of Edinburgh Award.

The Duke of Edinburgh's International Award is a global framework for non-formal education, which challenges young people to dream big, celebrate their achievements and make a difference in their world. Through developing transferable skills, increasing their fitness levels, cultivating a sense of adventure and volunteering in their community, the Award helps young people to find their purpose passion and place in the world.

If you would like more information contact please Sarah Edwards by email -
sarah.edwards2@schools.sa.edu.au

Proud to deliver

THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD



Gain experiences and skills
you can use for
the rest of your life

Start The Duke of Ed Today!

**#WORLD
READY**

Library Resource Centre

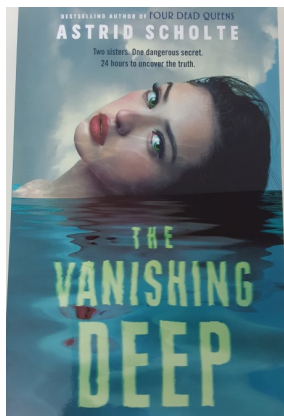
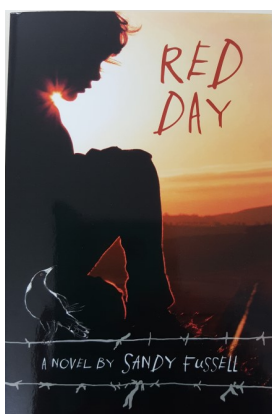
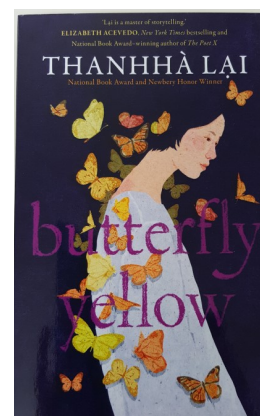
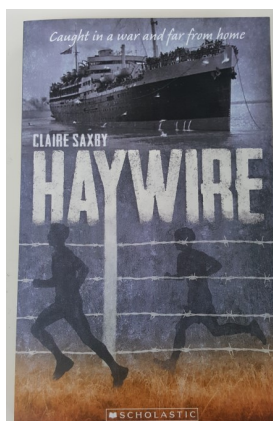
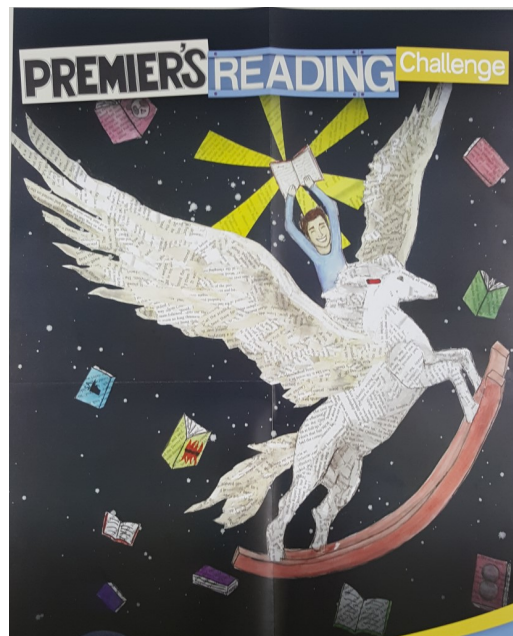
PREMIER'S READING Challenge

All students are invited to take part in this year's Premier's Reading Challenge.

The Challenge runs from now until Friday 4th September 2020.

Students will receive information and access to their reading record form from their teachers shortly.

An information brochure for parents is available from the Challenge's website www.prc.sa.edu.au under the 'Parent and Families' heading, followed by 'Getting Started'. The brochure is available in 24 languages.



Some of the new books
now available from our
Library

Anita Miles, Library Manager

NATIONAL DAY OF ACTION MARCH 23

TAKE A STAND TOGETHER

WEAR BRIGHT COLOURS MAKE A PLEDGE AT RECESS





NARACOORTE HIGH SCHOOL

CANTEEN ROSTER

TERM 1 2020

***URGENT - Help Needed**

TERM 1

CANTEEN DUTY ROSTER TIMES

**Normal Shift
Mon–Fri 9.30am–
2.15pm**

Your attendance and punctuality, 9.30 am until 2.15pm, would be appreciated. Should you find it impossible to attend on the day rostered, please try to change with another parent. Failing this, contact Deb at the Canteen on 87622604.

Please park in the Staff Car Park at the end of the Senior School Building and sign in at the Front Office.

CANTEEN MANAGER

MONDAY	MAR	16TH	*
			*
TUESDAY	MAR	17TH	*
			*
WEDNESDAY	MAR	18TH	*
			*
THURSDAY	MAR	19TH	*
			*
FRIDAY	MAR	20TH	*
			*
MONDAY	MAR	23RD	*
			*
TUESDAY	MAR	24TH	*
			*
WEDNESDAY	MAR	25TH	*
			*
THURSDAY	MAR	26TH	*
			*
FRIDAY	MAR	27TH	Jenny Dickenson 0427 615 042
			*
MONDAY	MAR	30TH	*
			*
TUESDAY	MAR	31ST	*
			*
WEDNESDAY	APR	1ST	*
			*

Pedal Prix 2020

Is your student interested in becoming a member of this year's Naracoorte High School Pedal Prix Team? New riders are welcome.

Our Pedal Prix program requires parent involvement to get students to and from races, to help in the pits during the races and to assist in fundraising. It is a great experience for all involved and our school works closely with Naracoorte Primary School in preparing and attending these races.

Race dates:

Mount Gambier, Saturday 28th March (8hr race)

Loxton, Sunday 3rd May (6hr race)

Adelaide, Sunday 14th June (6hr race)

Adelaide, Sunday 26th July (6hr race)

Murray Bridge, Saturday & Sunday 12th/13th
September (24hr race)



Students do not have to attend every round, however, if your student would like to attend the 24 hour race in Murray Bridge it is recommended that they attend at least two other rounds to prepare them for it .

Your student can get further details about joining the School team by visiting the school library and speaking to Mrs Miles.



To request an appointment online, go to:

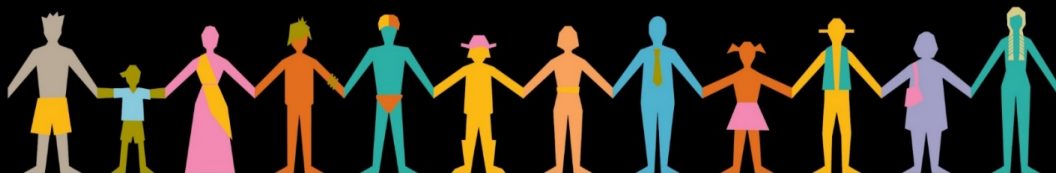
www.sahealth.sa.gov.au/dentalappointment

For clinic locations, go to: www.sahealth.sa.gov.au/findyourclinic



Australian Government

HARMONY DAY



FRIDAY 27th MARCH, 2020

Harmony Day Children's Festival

10am at the Naracoorte Town Square

Local Schools & Pre-Schoolers performance

Harmony Day Wish Festival

6pm at the Naracoorte Swimming Lake

BYO Picnic tea or Canteen Available

Write a wish on your floating paper lantern at sunset



Naracoorte Lucindale Council
Better by Nature



MOUNT GAMBIER LIBRARY

Anxiety and Hypnosis

with Kate Hommelhoff

Clinical Hypnotherapist

City of
Mount Gambier



Mount Gambier Library

Saturday 21 March

11:00am – 12:00pm

Join Kate as she guides you through hypnosis using calming, breathing and other coping techniques that can help reduce your anxiety triggers.

Participants will receive a free information pack.

Free community event.

Bookings essential 8721 2540.





Are you interested in studying at the University of Melbourne in 2021?

Join our Aspiring Scholars community!

What is the Aspiring Scholars community?

A Facebook-based online community of high achieving students from across Australia and New Zealand who are connected by their interest in studying at the University of Melbourne.

Why should I join the Aspiring Scholars community?

- Get to know a network of like-minded high achieving students from across Australia and New Zealand
- Connect with our Aspiring Scholar mentors, a group of current University of Melbourne students who moved to Melbourne to study, and get the inside word on how they made the move.
- Gain access to a dedicated staff member to answer any questions you might have throughout the year.
- Receive exclusive invites to online information sessions and events on topics you need to know about, including the Melbourne Model, finding accommodation, and how to apply through the VTAC system.

- Receive an invitation to a meet-up in your state or city to network with other Aspiring Scholars, meet a University of Melbourne staff member and collect some merch.

- And best of all, have the chance to win a trip to the University of Melbourne's 2020 Open Day for you and a parent/guardian so you can explore the campus yourself!

Who should apply to join the Aspiring Scholars community?

- High achieving students studying either Australian Year 12 or New Zealand Year 13 in 2020, with an interest in future study at Melbourne.
- Selection will be conducted by Student and Scholarly Services staff at the University of Melbourne.

How do I apply?

To apply, please complete the application form at: go.unimelb.edu.au/r2wr. Applications close at 11:59PM AEDT on Sunday 8 March 2020. Successful applicants will be notified by Friday 13 March 2020.



"Having access to the student mentors in the Aspiring Scholars community meant I had a great insight into the student experience at Melbourne, and it made my decision to move from Tasmania much easier. Being able to then participate as a student mentor during my first year at university was a great way to share my own experience and give back!"

Lachlan Hinds
Bachelor of Arts
Student mentor 2018
Aspiring Scholar 2017

For more information, visit go.unimelb.edu.au/r2wr

CRICOS PROVIDER CODE: 00116K

THE ROAD TO RECOVERY

THE BATTLE IS NOT YOURS ALONE!

IF YOU ARE OR SOMEONE YOU ARE SUPPORTING IS AFFECTED BY ROAD TRAUMA, SUICIDE OR SUBSTANCE MISUSE.

Please join us for morning tea and an informal information sharing event

Many in our communities suffer alone, it is our experience that for some people, meeting with others who have been through a similar experience can be very helpful

- Know what is available for the community, for yourself or how you can support others
- Understand how others have managed through hearing about their journeys
- Opportunities to share some of your own journey if desired



Proudly supported by the
Limestone Coast Councils

TIME: 10AM to 12.30PM

FRIDAY FEB 21	City Hall Mt Gambier
FRIDAY MAR 13	Supper Room , Naracoorte Town Hall Naracoorte
FRIDAY APR 3	Supper Room, Kingston District Hall
FRIDAY APR 24	Port MacDonnell Community Complex, Port MacDonnell
FRIDAY MAY 15	Bordertown— Conference Room Tatiara District Council 10 to 12pm Keith - Ruth Wheel Room at Keith Institute 1.30 to 3.30pm
FRIDAY JUN 5	Civic and Arts Centre, Millicent
FRIDAY JUN 19	John Shaw Neilson Gallery, Visitors Information Centre Penola

Register your interest on Eventbrite:

The road to recovery –the battle is not yours alone (Location)

AGENDA

10am: Meet/Greet

10.30 to 11.30am:

Dawns Story

'A Parents grief' and Standby

11.30am: Break

11.45am: Substance Misuse and Road Safety



Rotary Youth Exchange

Why be a tourist when you can be a local?

This year thousands of young people will have the opportunity of a lifetime; a chance to lie in another country and see the world from a new perspective through Rotary Youth Exchange. You could be one of them.

During your exchange your board and accommodation are provided by host families under the direction of Rotary International.

You'll learn a new way of living, maybe a new language and a great deal about yourself.

In your host country you will experience different foods, study different subjects, enjoy a new culture and a new way of living.

As you're learning you'll also be teaching the people you meet about your country, your culture, and your ideas. You'll be a young ambassador, helping to bring the world closer together and making some good friends in the process.

So if you are ready for the challenge and the rewards of living in another country as an exchange student, then you're ready to discover new worlds through the Rotary Youth Exchange Program.

All students applying to travel in 2021 must be born no earlier than 1st July 2013 and must be no later than 30th June 2005.

Go to www.9780.ryea.org.au for further information and to APPLY.

Applications close 25th April 2020.



My exchange year has been an amazing experience and anyone who has the opportunity to go on exchange overseas should go for it. Ingrid Lyngstaad,

Rotary Exchange Student

Norway